

Flying Frenzy PARAGLIDING Ltd

"Came home having flown 6/7 days, totally relaxed having had the best time with a great bunch of people. A professionally run well organised holiday at a great location."

"Thanks for an excellent week, did far more than I thought possible and enjoyed every moment."

"The leadership ... is perfectly balanced between encouraging, supportive and protective. The range of skills, experience and confidence is quite diverse yet you seem to strike a perfect balance. I have learnt far more than just flying skills from Flying Frenzy Paragliding Holidays..."



Winter 2010 trip Gréolières in the Maritime Alps, France 7th to 14th February

It is time to secure your place on our now traditional winter courses to the immensely flyable Gréolières region.

This stunningly beautiful and historic region probably gives the most reliable year round flying in Europe. Flying on offer can include smooth big top-to-bottoms, UK style ridge soaring and the possibility of some decent height gains in thermals. The sites are from 700 to over 2000 feet top to bottom and range from classic mountain ridges to taking off overlooking Monaco before landing on the beach.

We will be staying in mountainside apartments just outside the ancient village of Gréolières perched on a crag above the river Loup and 30km inland from the Cote d'Azur. The accommodation is purpose built by Ben and Karen Moss who loved the area so much they decided to relocate...

Who are the trips for?

The trips are open to a wide range of pilots; you may not yet have your CP rating and want to crack through as many tasks as possible at the same time as expanding your horizon even further... Alternatively you could have many years under your belt and looking for a chance to get some flying while the gales continue across the UK. Wherever you are in your progress as a pilot we will be able to help you move forward with your piloting skills and confidence.



Flying Frenzy PARAGLIDING Ltd.

Kingswood, West Bexington, Dorchester, Dorset, DT2 9DD

andrewp@flyingfrenzy.com 0799 0505 725 www.flyingfrenzy.com



What you get

The price is £350 and for this you get

- Vehicle hire and transfers from Nice Airport
- Pre-flying discussions of the techniques to be tried and skills to be developed tailored to your own flying style and experience levels
- Drives up to the sites and retrieves
- Radio-guided flying
- Our unique and informative post-flying de-briefs

Please note; If you have not yet achieved your CP rating there is a £75 surcharge. If you have already paid for the UK based Club Pilot Course with *Flying Frenzy* PARAGLIDING ltd this is, of course, waived.

You will need

- Your full flying equipment - wing, harness, helmet, reserve, gloves and radio with headset or speaker-mic. Alti-varios are required if you are post CP (and a recommendation if pre-CP). A flying suit is recommended. If you need anything we can sell you whatever you need or rent them for the duration of the trip.
- Return flights to Nice arriving in the morning. (Most of us will be flying with Easyjet from Bristol.)
- Passport and driving licence.
- Holiday insurance covering paragliding with medivac (see booking form overleaf).
- The EHIC card for reciprocal medical care in EU countries – available online (see link below) or get a form from your Post Office. <https://www.ehic.org.uk>
- Euros for;
 - Accommodation – €140 pp for your place in Ben and Karen's excellent apartments.
 - Your meals – the village has several excellent restaurants and a bakery and small supermarket. Ben and Karen can also do meals for us and usually do us an end of week barbeque. (Those not eating out usually team up to make catering easier.)

Notes;

The prices are based on shared rooms and vehicles. If you would like your own room or if you are hoping to bring partners please call to discuss.

If you have been on our Greo trips before you will be pleased to hear that fuel charges are now included in the price.

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**Gréolières 7th to 14th Feb 2010
Booking Form**

Name			
Address			
Home Phone		Mobile	
Email address		D o B / Age during trip	
Passport Number		BHPA Number	
Flying hours		BHPA Rating	
Emergency Contact; Name, Relationship and Address			
Contact Home Phone		Contact Mobile	
Drivers licence number (If you are happy to be a driver)			
Do you have any physical or medical conditions that we should be aware of?			
Please make cheques out to <i>Flying Frenzy</i> PARAGLIDING Ltd		CP rated or above or have already paid for a FFPG CP course in UK; £350 / Pre CP; £425	

Insurance

You will need to have an appropriate travel insurance policy that covers paragliding risks and that gives medivac cover (helicopter evacuation) <i>Please choose one option</i>			
<i>Either</i>			
I have already got full insurance including medivac	Yes / No	Insurance Company and Policy Name;	
<i>Or</i>			
Please can you arrange my insurance for this holiday	I enclose a cheque for £57.35 made out to Airports Insurance Bureau		Yes / No

Hire

I would like to hire these items (note; they are available on a first come first served basis) *Please circle the items you'd like.* Any rental fees can be used as a deposit for purchases within 2 months of the trip.

Radio	@£20/wk	
Reserve	@£50/wk	
Vario	@£20/wk	
Whole package – wing, harness, reserve, radio	@£150/wk	
Cheques for <u>rental</u> made out to <i>Paragliding West Ltd</i> please	Total	

Any Questions?

I would like to know...

I need to buy...

Terms and Conditions

- I accept it is my responsibility to choose to fly a paraglider and that any subsequent incidents or accidents that take place as a result of that choice during this holiday are also my responsibility.
- I have declared any physical or medical condition that is of relevance to this paragliding holiday.
- I understand and accept that despite the amenable local weather conditions there is no guarantee that we will be able to paraglide during our holiday, nor to the quality of the flying when we do fly.
- I accept that if any of the hire cars incur extra expense due to use related to the group then these will be split evenly between all the clients on the trip. If extra expenses are incurred as a result of use not related to the whole group, those individual group members responsible will pay.
- I accept responsibility for damage to my own personal possessions and paragliding equipment. I will pay in full for any loss or damage to equipment rented or loaned from *Flying Frenzy PARAGLIDING Ltd* or *Paragliding West Ltd* that I am responsible for.
- I accept that *Flying Frenzy PARAGLIDING Ltd* may need to change some of the details of the trip but that where possible they will let me know in plenty of time.

I understand and accept the above terms and conditions and I have...

- Enclosed a cheque for the holiday.
- Completed one of the travel insurance sections and enclose a cheque if appropriate.
- Enclosed a cheque for equipment rental if required.

Signature	
Name in Block Capitals	
Date	